



SCIENTIA International

Mentoring from Women to Women

Despite their academic and professional experience, newcomers to Wuerzburg University may experience feelings of helplessness, stress, or loneliness. Changing one's familiar lifestyle for a foreign social and cultural environment can be difficult, while it is a steppingstone on the way to self-development and professional growth. Why not set out for this journey of possible pitfalls with the help of a mentor, an individual, who has already walked a mile in a mentee's shoes?

SCIENTIA

Program 2022/23

October 25 & 26 // 9 am - 5 pm

Kick-Off Event // Basics of Communication
Birgit Röschert
in person

November 2 // 2 pm

Peer-Group-Meeting // Exploring Würzburg
Nataliia Lazebna & Sophie Renninger
in person

November 24 & 25 // 9 am - 6 pm, 9 am - 4 pm

Workshop // Just Landed - Academia in Germany
Matteo Garavoglia
online

December 20 // 4 pm

Peer-Group-Meeting // International Christmas
Nataliia Lazebna & Sophie Renninger
in person

January 18 // 9 am - 5 pm

Workshop: Appearance and Impression
Birgit Röschert
in person

February 21 // noon

Workshop // Mind the (Cultural) Gap
Nataliia Lazebna & Sophie Renninger
Input // Academia and Family Matters
Natalie Nikolaus
in person

March 15 & 16 // tba

Workshop: Project Management
Silke Oehrlein-Karpi
in person

April 19 // 9 am - 5 pm

Module // Assertiveness
Birgit Röschert
in person

May 23 // 9 am - 5 pm

Workshop // Steady as You Go: Navigating
Challenges and Building Resilience
Julie Stearns
in person





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June 14 // 9 am - 5 pm

Module // Setting Limits & Conflict Dialogues

Birgit Röschert

in person

July 14 // 9-11 am

Info Event // Funding Your Research

Anne von Thun

Research Advancement Center, JMU

in person

July 19 // 4 pm

Peer-Group Meeting // Summer in Würzburg

Nataliia Lazebna & Sophie Renninger

in person

October 27 & 28 // 9 am - 5pm

Closing Event // Negotiation & Inner Beliefs

Birgit Röschert

in person

For further information visit our website

<https://www.uni-wuerzburg.de/chancengleichheit/frauenbeauftragte/karriere-qualifizierung/scientia-karriereentwicklung/scientia-international-mentoring-from-women-to-women/>

or contact the program coordinators:

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We are looking forward to meeting you!

